

## FAQs about Premarital Classes

**Exploring Engagement—Are you the one?** This is a six week course for seriously dating couples designed to help you learn more about yourself and your partner as you consider engagement and marriage. Get a sense of your future together and if you're ready to take the next step of engagement and potentially enter the covenant of marriage. We cover a range of topics like Family of Origin, Relational readiness, and Relational Flags. The goal of the course is that you and your partner will explore your relationship with honesty and transparency and thus be able to make an educated, biblically based decision about your future. This class is offered each Fall and Spring.

**Engaged Class—You're the one!** This is an eight week course in which couples will address core issues around "two becoming one" through topics like: finances, sex, conflict skills, and communication. More importantly, a culture of curiosity and commitment is nurtured and encouraged. The goal of the course is that you and your partner will feel more prepared to enter the covenant of marriage and a lifetime together and that you'll be surrounded by a community of others who will share the journey with you. Engaged class is offer Fall, Winter, and Spring.

### **How much does it cost to take the class?**

Nothing! We care about your relationships and want to invest in you, so the courses are provided free of charge.

### **Do I have to attend Bethany Green Lake to go to class?**

Absolutely not. We encourage any couple to attend!

### **Who teaches the class?**

The classes are led by pastors and experienced members of our congregation. Most of our teaching staff are experts in their field: Marriage & Family Therapists (MFT), CPAs or PsychoTherapist.

### **Is there homework?**

Yes, there is a little homework. Outside of class time, we assign some light reading and intentional discussions to have as a couple which are meant to prepare you for the next class and help you process what you've learned. But don't let that intimidate you. We are fully aware that taking this class may well be coupled with the stress of planning a wedding, going to school, and working, so we try to be considerate in the amount of homework we assign.

### **What if only one of us can make the class because of scheduling conflicts? What if we both have to miss a class or two?**

If it's unavoidable, we'd rather have you get some premarital than none at all and encourage you to attend as many classes that you can, individually or as a couple. Let your class leader know you'll be missing the class and see if there is homework for the week. We encourage you to attend even if your fiancé can't be there with you. It's not uncommon to have just one partner there due to living out of town or work conflicts. If this is the case, we suggest that you discuss what you've learned with your partner on the next "date night."

**What if we are not Christians? How “religious” are the courses?**

The courses are presented from a Christian worldview and the Bible is the basis of our ethic of love, grace, and mercy—that’s just who we are as a church. However, questions, different views, and different religious backgrounds are welcome.

**We might get engaged soon—which class do we take?**

We feel both classes have great content that will help your relationship, so take as many classes as possible. If you sign up for Exploring Engagement and become engaged, you’ll have some options.

If time is an issue, you can be “promoted” to the Engaged Class. But if time allows, finish the Exploring Class and take the next scheduled Engaged Class.

Yes, you can take the Engaged Class if it’s not official but the ring is eminent.

**What’s the format of the class time?**

Each class has its own flow and agenda but generally there is a mix of content, large group discussions, and breakouts into couple groups for more intimate processing. Come prepared to interact and participate!

**Around how many couples are in each course?**

Classes vary, but typically there will be from 10-15 couples in class.

**Do we have to share our personal lives with others? Or be forced to talk about our feelings?**

You only need to share what you are comfortable with.

However, we will encourage you to learn that sharing our lives in community is an important part of a successful marriage (& just life in general). We all have very different stories and experiences, but usually very common themes in our lives. We have excellent facilitators who create a safe environment for sharing.

**When should we take the class?**

Engaged couples should take the earliest scheduled class. This allows time should an issue arise to honestly address it without the pressure of a pending wedding date. Plus, you’ll start to feel the demands of wedding planning, so the earlier the better to reduce stress.

Dating couples should take Exploring Engagement where marriage is a topic of conversation.

**We don’t know if we have enough time before the marriage to take the whole class?**

If your wedding date is fast approaching or will take place before the end of the class, we encourage you to attend as many classes as you can. Some is better than none. If you are unable to attend all of the classes, we suggest you schedule some additional sessions with your wedding officiant.

**We already have a good relationship. Why should we take the course?** Research shows there is a lot of value to taking premarital preparation classes; it can reduce the risk of divorce by 31%!

In addition, some form of premarital class is required for weddings performed by Bethany pastors or in Bethany facilities.

***We're a bit of a non-traditional couple. We're older, have children, pregnant, or have been married before. Can we attend?***

No problem. You probably won't be alone. We all come from different backgrounds and experiences, we would love for you to participate in the class.

***We just got married. Can we still take the class?***

Class is just for unmarried couples. But we'd love to put you into a newlywed small group led by a mentor couple!

***Are these two classes all of the premarital process?***

Great question! No.

1. We feel after class you should have a couple of individual sessions to explore issues that might be unique to you as a couple. Maybe something from class needs more unpacking or discussion.

Typically, this should be done with the marrying pastor (wedding officiant). If they are unavailable because they are out of town it may be possible for one of our pastors or marriage mentors to step in.

2. We suggest you take an on-line couple survey. During the class, you'll have the opportunity to sign up for one of two on-line surveys: SYMBIS or Prepare. The cost is \$35 per couple. These surveys allow us to maximize your individual session time.

3. Finally, once you are married we highly suggest you join a small group. We have groups specifically designed for newlyweds that begin every few months and are led by one of our mentoring couples.

***I'm really not into the class thing, can't a Bethany pastor just do it all with us one to one?***

Bethany pastors will not do the whole process individually. However, you can seek another church's pastor or private therapist for individual counseling. In most cases this will meet the requirement for a Bethany wedding. For a professional counselor you can expect to pay from \$100-160 for each individual 50 minute session.

***My pastor or wedding venue needs proof we took a premarital class?***

Easy, just let us know. We take attendance at class and we're glad to send a note to your wedding officiant or wedding venue to verify you took a marriage preparation class.

***If you still have questions, feel free to contact Pastor Phil, Congregational Life and Marriage Pastor at [philm@churchbcc.org](mailto:philm@churchbcc.org)***

