

## Skin Tone Taste-Safe Play Dough

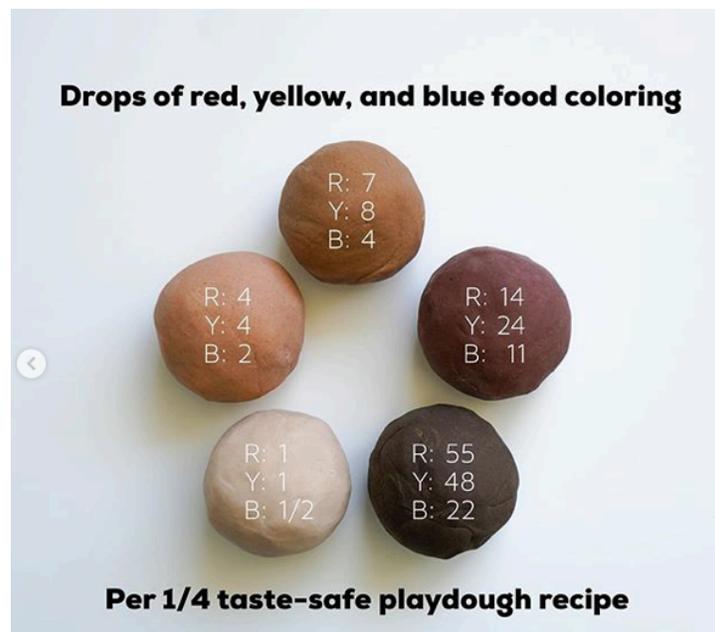
Your little can make faces and people with this taste-safe play dough in different skin tones! Play dough is fun to introduce around a year old and up, and you can use this recipe for older children as well! For older kids you can also set out pipe cleaners, googly eyes, beads and other accessories so your little can be creative and explore making different people and faces! I experimented making these different shades and the color ratios are shown on the second image.

You will need:

- 1 cup of all-purpose flour (+ 1/2 cup extra)
- 1/2 cup salt
- 1 tbsp cream of tartar (for elasticity and preservation- there are recipes online that use lemon juice instead if you don't have cream of tartar)
- 1 tbsp vegetable oil -1 cup boiling water
- food coloring (red, yellow, and blue)

Lay 1.5 cups of flour out on a pan and bake at 350 degrees for 5 minutes to kill any potential bacteria. □ Once the flour has cooled, mix 1 cup flour with 1/2 cup of salt, and 1 tbsp cream of tartar. □ Divide mixture into 4 bowls (I used 2 recipes to make 5 colors), this will be about 6 tbsp per bowl.

For each color, add the number of drops of each color (red, yellow, and blue dye) written on the second image to a small bowl. I used inexpensive assorted food coloring from the grocery.



Then add about 3/4 tsp of vegetable oil and 1/4 cup of boiling water to the bowl with the dye. Pour the dye mixture into one of the four bowls with the flour mixture. Mix and knead, adding some extra flour slowly if the dough is too sticky. Reuse the bowl you mixed the dye in for the remaining colors and repeat the process for each.

Store in the fridge or at room temp in a ziplock bag with the air let out. If baby is not mouthing the dough, it should last for months. This dough is very salty, which helps it last but also deters baby from licking it. If baby is mouthing heavily, use your own discretion for how long to keep the dough, and check for rancid smell or mold.

Just a note that using different skin-toned play-doh is not an act of being anti-racist on its own. This is just a tool to aide you in the conversations that you continue to have with you children through the years.