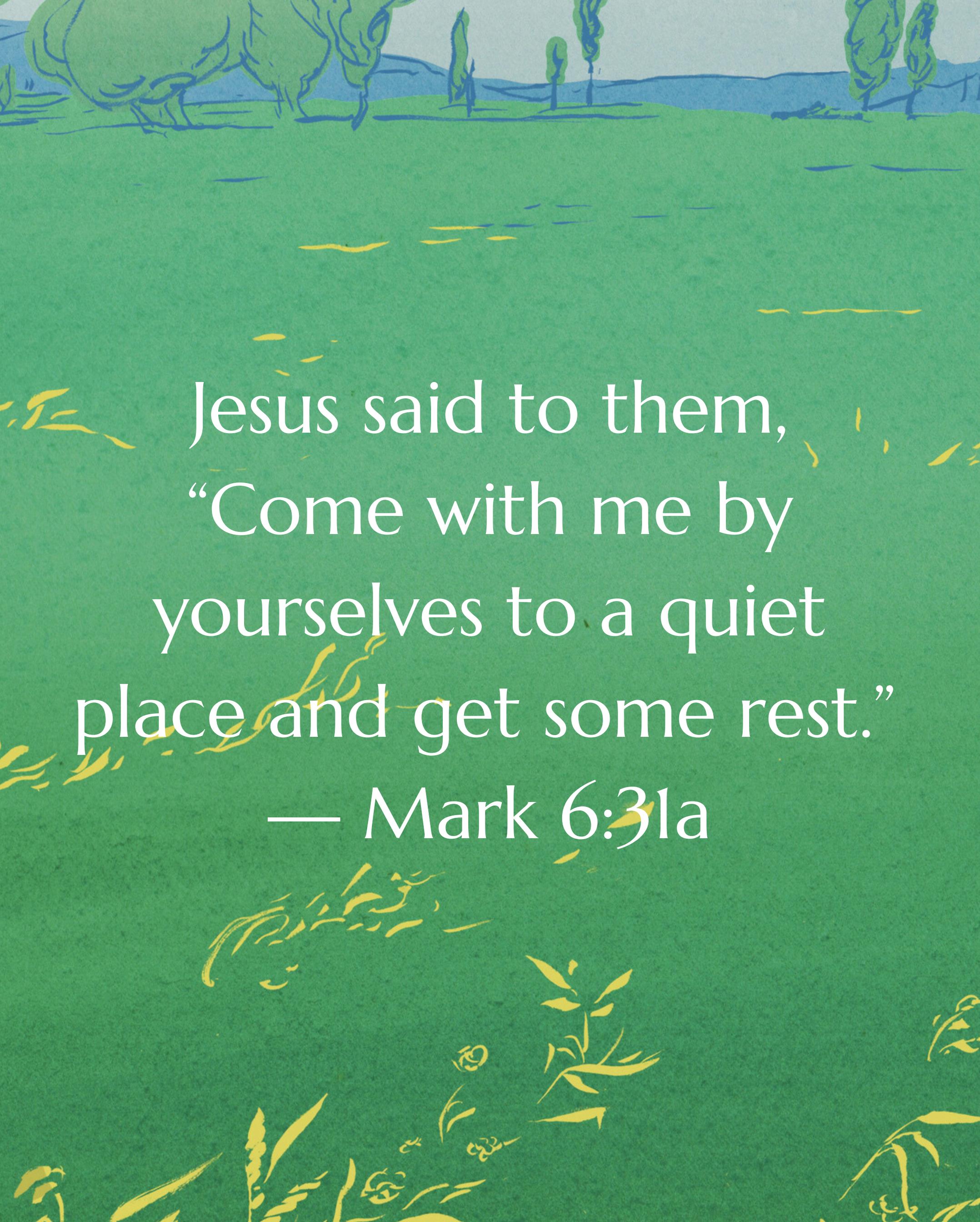
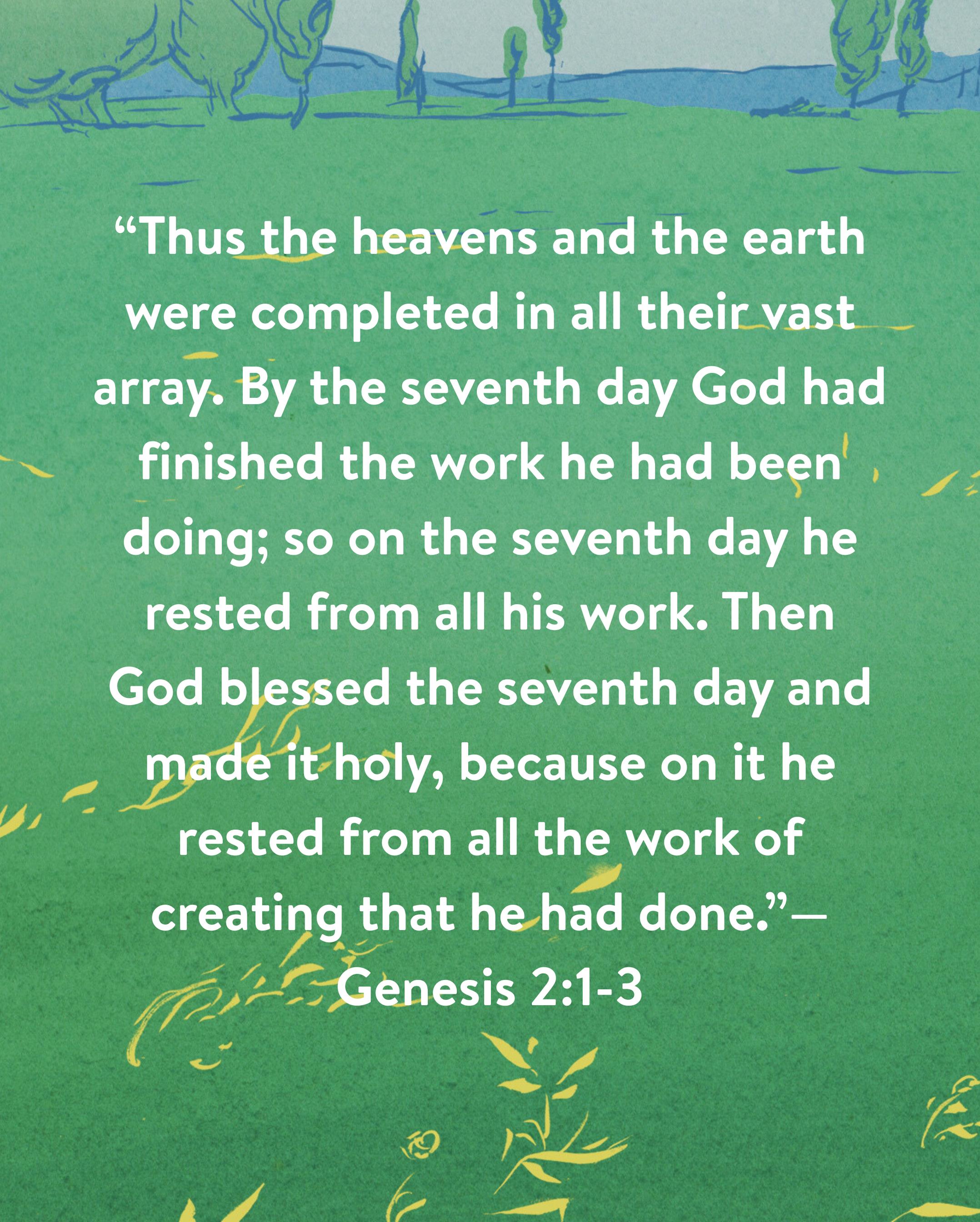


LENTEN DEVOTIONAL

AN INVITATION
TO REST



Jesus said to them,
“Come with me by
yourselves to a quiet
place and get some rest.”
— Mark 6:31a

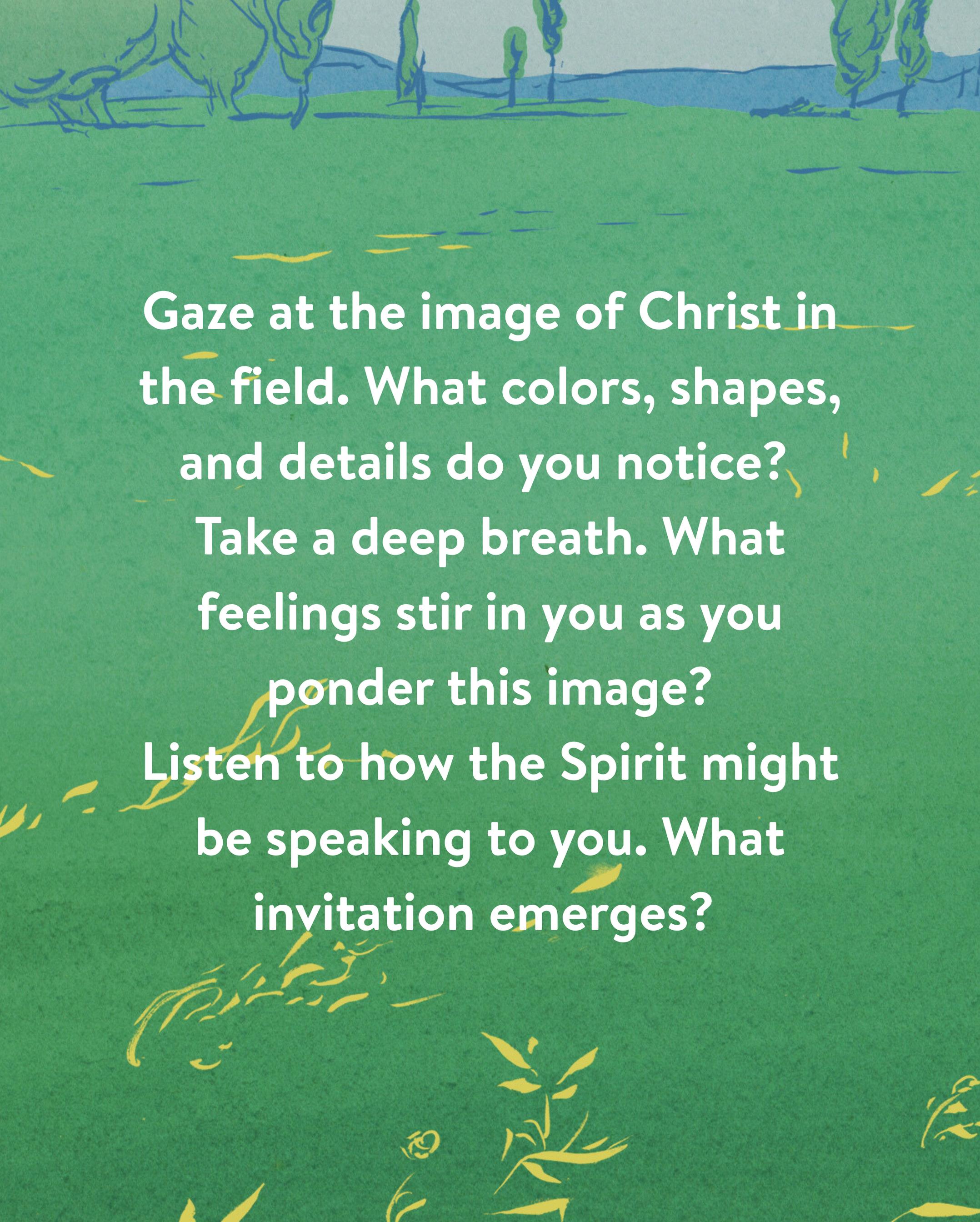


“Thus the heavens and the earth were completed in all their vast array. By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.”—

Genesis 2:1-3



Quiet.

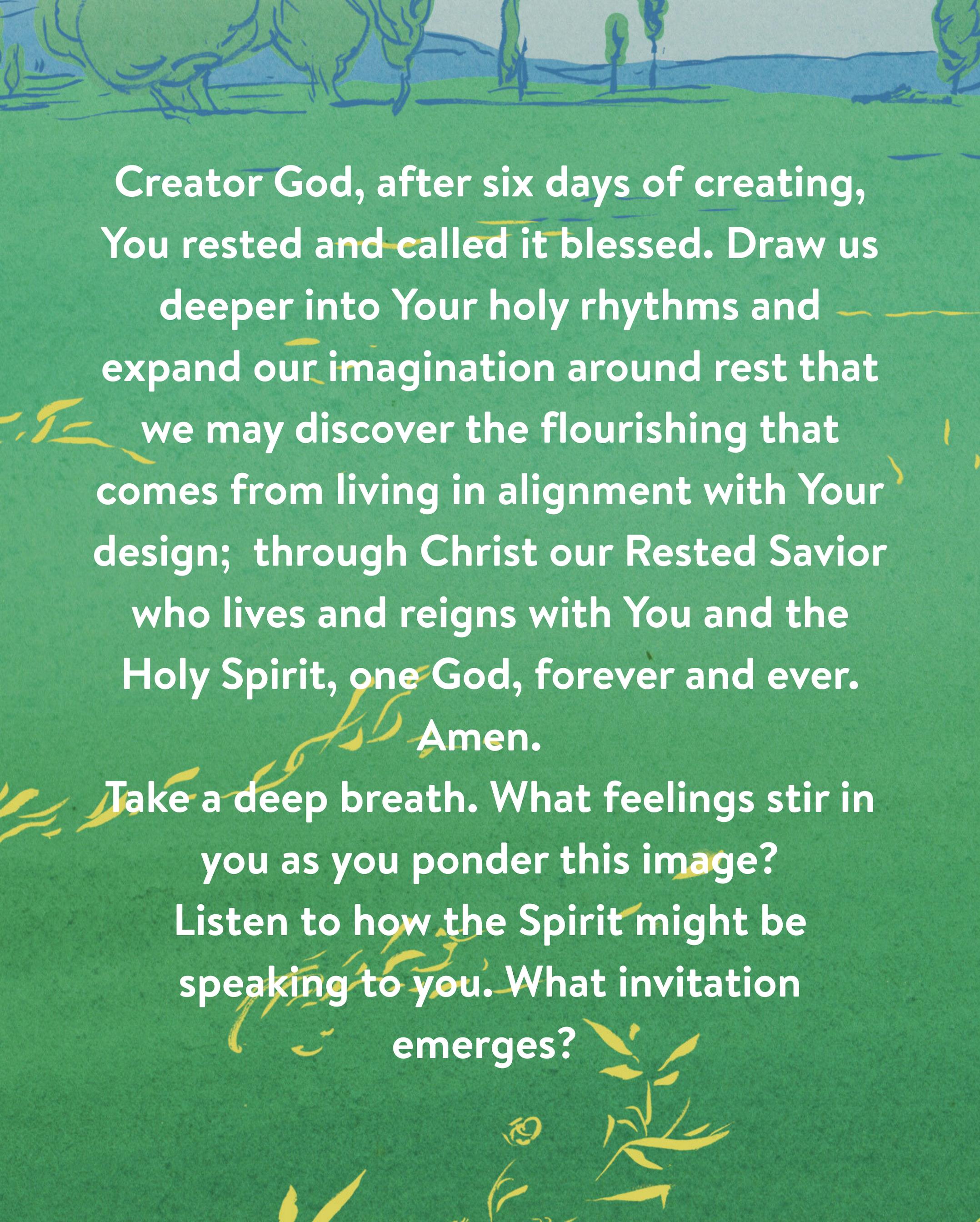


Gaze at the image of Christ in the field. What colors, shapes, and details do you notice?

Take a deep breath. What feelings stir in you as you ponder this image?

Listen to how the Spirit might be speaking to you. What invitation emerges?





Creator God, after six days of creating,
You rested and called it blessed. Draw us
deeper into Your holy rhythms and
expand our imagination around rest that
we may discover the flourishing that
comes from living in alignment with Your
design; through Christ our Rested Savior
who lives and reigns with You and the
Holy Spirit, one God, forever and ever.

Amen.

Take a deep breath. What feelings stir in
you as you ponder this image?

Listen to how the Spirit might be
speaking to you. What invitation
emerges?



Quiet.

A stylized illustration of a green field with yellow flowers and trees in the background. The scene is rendered in a simple, graphic style with flat colors and bold outlines. The foreground is a vibrant green field with scattered yellow flowers and leaves. In the background, there are several trees of varying shapes and sizes, some with green foliage and others with bare branches. The sky is a light blue color, and the overall composition is balanced and serene.

May the Lord bless you
and keep you, the Lord
make his face shine on you
and be gracious to you; the
Lord turn his face toward
you and give you rest.